

# WHAT IF...



# NO POWER

**Most patients think they are prepared for an emergency, but few actually are.**

## Emergency Checklist

1. Ask about your facility's plan for dialysis treatment.
2. Register ahead of time with your water and power companies for special priority in restoring your service.
3. Consider having a landline phone in your home. Choose a model and phone service that will work if you lose power.
4. Some states have registries to identify and locate people who may need special assistance during emergencies. Consider registering for Smart911 or similar registries.
5. Keep a flashlight, batteries and supplies for a 3-day dialysis diet in a safe place at home in case of a long power outage.
6. Keep a battery-operated or hand-crank radio in your home to stay updated during an emergency.
7. Turn off everything in your home except one light. The light will tell you when the power is restored.



## THE FACTS

- Emergency plans for dialysis facilities usually include:
  - On-site backup generators
  - Plans for timely delivery of generators during an outage; or
  - A backup facility where patients receive dialysis during power-loss.
- Refrigerated foods may become unsafe if power is out for more than 4 hours. Those foods should be discarded.



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