

WHAT IF...



NO FACILITY

Most patients think they are prepared for an emergency, but few actually are.

Emergency Checklist

1. Ask to review your facility's disaster plan. Learn about other available resources.
2. Pack a disaster kit that includes contact information for your:
 - o Doctor
 - o Regular dialysis center
 - o Another dialysis center near you
3. Make sure your facility has your current contact information.
4. Keep copies of these items in a waterproof container:
 - o Insurance cards
 - o Dialysis prescription
 - o Legal documents (advance directives, DNR orders or medical power of attorney)
 - o Medications
5. Get medical ID jewelry or a card to have with you at all times.
6. Have a 3-day diet plan to follow.
7. If you go to a shelter, tell someone in charge about your medical needs.



THE FACTS

- Dialysis facilities must create and maintain a program for preparedness training, testing and patient orientation.
- Programs must be reviewed and updated every two years.
- Programs should include:
 - o How patients are notified of an event
 - o Steps that must be followed
 - o How to contact the facility
 - o Other locations for treatment if the facility closes or has a shelter-in place.¹

Contact Information

- National Kidney Foundation (NKF)
(855) NKF-CARES
(1-855-653-2273)
www.kidney.org/help
- Kidney Community
Emergency Response (KCER)
(866) 901-3773
www.kcercoalition.com/en/patients



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References

1. Centers for Medicare & Medicaid (CMS). State Operations Manual Appendix Z- Emergency Preparedness for All Provider and Certified Supplier Types Interpretive Guidance. https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_z_emergprep.pdf. Published 2020. Accessed June 25, 2020.

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