

# **Henrico Doctors' Hospital**

## **Referral Guide for Kidney Transplantation**

### **PHILOSOPHY**

It is our philosophy that each patient is an individual with a unique history of health and illness, as well personal and family characteristics that determine his or her life circumstances. Therefore, our evaluation focuses not only on medical criteria, but also on the patient's understanding of kidney transplantation as a treatment option for End Stage Renal Disease (ESRD) and the patient's ability to participate in their treatment plan.

### **REFERRAL CRITERIA**

The patient meets all of the following referral criteria:

- Demonstrates compliance with treatment plan and medications
- Age is less than 73
- BMI of 37 or less
- No evidence of the following barriers to transplant:
  - Uncorrectable cardiac disease
  - Uncorrectable pulmonary disease: O2 dependent
  - Chronic infection unresponsive to treatment
  - Active substance abuse
  - HIV positive
  - Cancer: must be cancer free
  - Major psychiatric disorder that is unstable despite medical management
  - Insufficient financial or social resources to support long term transplant care

All patients referred will be evaluated on an individual basis for transplant candidacy. The patient's candidacy will be based on relative risk assessment for the effects of kidney transplantation surgery and long-term effects of immunosuppression medication compared to dialysis therapy.

### **REFERENCES**

"Evaluation of Renal Transplant Candidates: Clinical Practice Guidelines." Developed by the Patient Care and Education Committee of the American Society of Transplant Professionals (ASTP); 1995, 2001.

Medicare Condition of Participation 482.90

Mid-Atlantic Renal Coalition Guidelines