

Kidney and Pancreas Referral Criteria

1. Indications for Transplant: Any condition that results in end-stage renal disease, including, but not limited to:
 - a. Kidney
 1. Diabetes mellitus
 2. Hypertension
 3. Glomerular disease
 4. Tubular and interstitial diseases
 5. Reno-vascular and other vascular diseases
 6. Congenital, rare familial and metabolic disorders
 7. Re-transplant/ graft failure
 - b. Pancreas
 1. Type 1 Diabetes Mellitus
 2. Hypoglycemic Unawareness
2. Absolute contraindications include, but are not limited to:
 - a. Advanced cardiopulmonary disease
 - b. Active malignancy with the exception of basal or squamous skin cancer
 - c. Severe local or systemic infection
 - d. Active substance addiction/abuse
 - e. Major psychiatric illness that cannot be managed sufficiently to allow post-transplant care and safety
 - f. BMI >45
3. Relative Contraindications include, but are not limited to:
 - a. Multiple urinary tract reconstructions
 - b. Lack of social support
 - c. Severe malnutrition/cachexia
 - d. Evidence of significant non-adherence
 - e. Moderate Cardiopulmonary disease
 - f. BMI 40 - 45
4. Indications for Inclusion in Incompatible Kidney Transplant Programs (Kidney Transplant Only):
 - a. The candidate must meet one or more of the following criteria:
 1. Transplant candidate makes antibody to one or more of the donor's antigens (HLA or non-HLA)
 2. Transplant candidate has incompatible blood type with donor.
 3. Transplant candidate has an unacceptable mismatch with the intended donor and requires placement in the kidney paired donation (KPD) program.
 - b. The candidate must have an identified living donor who has completed the second phase of testing .

5. Substance Use Disorder Policy: The candidate cannot be actively abusing drugs or alcohol.
6. Compliance: The candidate must have a history of consistent compliance with the treatment regimen.
 - a. Assessment by social worker and multidisciplinary team during initial evaluation
 - b. Compliance issues are addressed with a compliance-monitoring program on a case by case basis.
 - c. Written or verbal reports are required from health care team regarding compliance with treatment regimens:
 1. Keeping appointments
 2. Taking medications as prescribed
 3. Attending dialysis as scheduled
 4. Following the prescribed diet and fluid restriction

To request full Kidney and Pancreas Transplant Candidate Evaluation Policy, please contact Jaclyn Bannon, jgrue1@jhmi.edu, or Laura Conroy, lconroy1@jhmi.edu.