

## Are you “active” or “inactive” on the transplant waiting list?

- After your evaluation, you will receive a letter from the center letting you know the outcome. If you are on the transplant waiting list and all testing is complete, you are “active” and may receive organ offers.
- If additional testing is needed, you may be considered “inactive” on the list. This means you are accruing time but you will not receive organ offers until testing is complete.
- It is important to complete all testing as soon as possible so the transplant team can determine if transplant will be a safe option for you.

## Are you providing a blood sample every month?

- A blood sample is important for matching your blood with the donor’s blood to make sure they are compatible.
- If your transplant center hasn’t asked you to send in a monthly sample, you may not be considered “active” on the waiting list.

## Why should you stay in touch?

Your transplant coordinator can keep you updated about your status on the transplant list and answer questions you may have. Tell your coordinator about new health problems, hospitalizations, changes in your insurance or medication coverage and if you get any blood transfusions.



Talking About

# TRANSPLANT

Questions to Ask Your Patients:  
A Guide for Dialysis Technicians

## Are you on a transplant waiting list?

- A transplant can eliminate the need for dialysis.
- Blood pressure is easier to manage post-transplant.
- Fluid restrictions are usually no longer necessary after transplant.
- Diet restrictions are less strict.
- You can travel and return to work.

## Do you know how to get on a transplant waiting list?

- Select a transplant center. Ask about the center's outcomes.
- Are you aware that you can be on more than one transplant list?

- Call and make an appointment for an evaluation for kidney transplant.
- Complete any needed follow-up testing.
- Ask your social workers, nurses or kidney doctors for more information.

## Do you know how to stay active on the list?

- Attend your annual evaluations at the transplant center.
- Never miss dialysis appointments.
- Take all medications as prescribed.
- Avoid alcohol and drug abuse.
- Maintain a healthy weight and lifestyle.



Quality  
Insights

Renal Network 5

(804) 320-0004

(804) 320-5918 (Fax)

(866) 651-6272 (Patient Line)

[www.qirn5.org](http://www.qirn5.org)

## Acknowledgement

Content provided by the Kidney Transplant Program at the Hospital of the University of Pennsylvania, Philadelphia, PA.

This material was prepared by Quality Insights Renal Network 5, an End Stage Renal Disease (ESRD) Network under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication No. ESRD5-072022c